

**The Manor  
House Hotel**

**The  
Ashbury  
Hotel**

**The Only Sport, Craft & Spa  
Hotels in the UK**

# 9.3 Mile Cycle Trail

# NORTHILEW

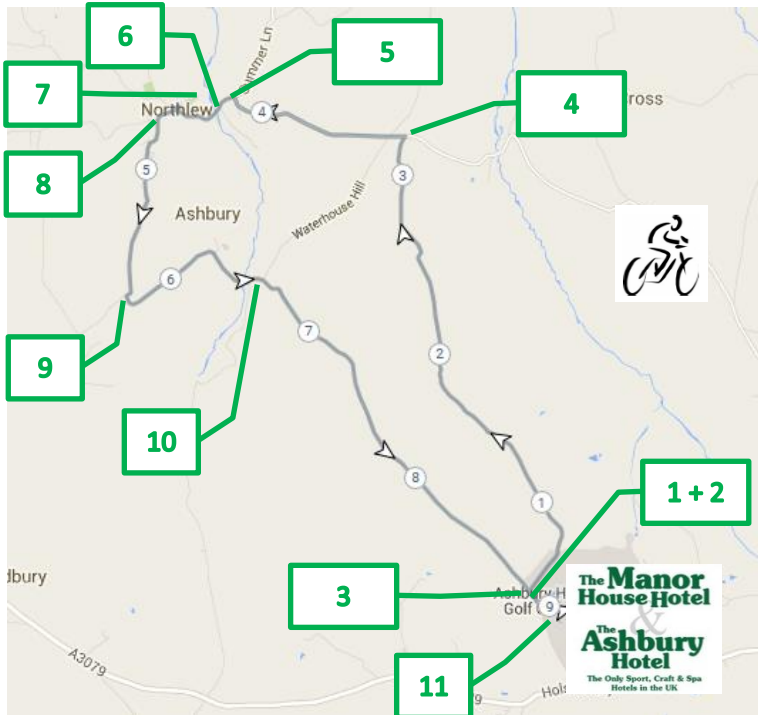


# DIRECTIONS

|   | Distance  | Marker Point       | General Information   |
|---|-----------|--------------------|---|
| ① | 0.0 Miles | Ashbury Golf Hotel | From the Ashbury Hotel Reception Head West to the end of the Driveway   |
| ② | 0.4 Miles | TURN RIGHT         | At the Ashbury Driveway Entrance, next to the Hotel Sign turn right. (Heading North West)                                     |
| ③ | 0.5 Miles | TURN RIGHT         | At the next Junction approximately 200 metres up the road. Continue along this road for about 2.5 miles. (Heading North East) |
| ④ | 3.0 Miles | TURN LEFT          | At Durden Cross Farm, stay on this road until the next junction. (Heading West)   |
| ⑤ | 4.6 Miles | TURN LEFT          | Although the same road this is a hard left corner. (Heading South West)   |
| ⑥ |           |                    | Go down Rockey Lane and up Harper's Hill in to Northlew Square!   |
| ⑦ | 4.7 miles | Northlew Square    | <b>CONGRATULATIONS, YOU ARE CURRENTLY AT THE HALFWAY POINT!</b>   |
| ⑧ |           | Leaving Northlew   | Take the road at the bottom of the Village Square, past the shop, to leave Northlew (heading South West)                      |
| ⑨ | 5.9 miles | TURN LEFT          | At the Hamlet of Bogtown Turn Left signposted Ashbury - 1/4 mile (Heading East)   |
| ⑩ | 6.7 miles | Broomhill Cross    | Simply a marker point for the ride. Continue up the incline on this road.   |
| ⑪ | 9.2 miles | TURN LEFT          | A return back to the Ashbury Hotel, time for a drink and something to eat before you plan the next ride you want to complete! |

# MAPS

ASHBURY HOTEL – CRUFT – DURDEN CROSS – NORTHLEW – BOGTOWN – ASHBURY – ASHBURY HOTEL



## Route Information at a Glance

|                 |                            |                   |                            |
|-----------------|----------------------------|-------------------|----------------------------|
| Distance        | 9.283 miles                | Total Ascent      | 849 feet                   |
| Lowest Point    | 380 feet (at 4.32 miles)   | Highest Point     | 800 feet (at 0.24 miles)   |
| Uphill          | 3.24 miles (34.9%)         | Downhill          | 3.11 miles (33.5%)         |
| Flat            | 2.93 miles (31.5%)         | Max. Height Gain  | 419 feet                   |
| Steepest Uphill | +13.3% (at 4.38 miles)     | Steepest Downhill | -16.7% (at 6.39 miles)     |
| Longest Uphill  | 0.88 miles (at 6.52 miles) | Longest Downhill  | 1.17 miles (at 0.28 miles) |



# POINTS OF INTEREST

|           |                                  |   |
|-----------|----------------------------------|---|
| 0.0 Miles | Ashbury Golf Hotel               | From the Ashbury Hotel Reception Head West to the end of the Driveway   |
| 0.8 miles | Entrance to Kigbeare             | The ground was developed into a golf course opening in 2007, while the original house mentioned in the Domesday Book is now a private dwelling.   |
| 1.9 miles | Higher Cruft & Lower Cruft Farms | Originally all one farm this area was eventually separated through the natural growth of its residents and changing family aspirations. Lower Cruft, interestingly, has its own Chapel which was in use until 1892, while Higher Cruft had a purpose built School Room.   |
| 3.0 Miles | Durden Cross Farm                | Recognisable from the small cross built into the garden wall this farm sits on the junction at the end of this road.  |
| 3.2 miles | Durden Cross                     | From here you can see across to North Devon Coast and on a good day you can see to the New bridge at Bideford. To the east you can see Exmoor and South Dartmoor.   |
| 4.7 miles | Northlew                         | <p>Named after the river Lew which runs through the valley, Northlew is friendly rural parish which has a population of approximately 2000 people. The village is very proud of its history and commemorates the loss of Parishioners during the First World War with the Rupert Brooke Memorial and the recent planting of Poppies along the road verges from Durden Cross to Northlew itself.</p> <p>The reason for the salute to fallen soldiers is highlighted by the fact that Northlew lost the highest percentage of young men per capita in the country. Of the 100 who were enlisted the village saw a tragic loss of 24</p>                                   |
|           | Northlew Square                  | The Square is said to date back to Norman times, and is quite picturesque. At its centre stands The Pump which offered the community a fresh water supply until mains water was introduced in 1953/4  |
|           | The Green Dragon                 | <p>As with many villages the local Public House is very much central to the community, in Northlew this is more than geographically correct. The family friendly Public House set at the top of the Village Square has a well-proportioned garden to the rear or alternatively seating at the front to watch rural life pass you by. The pub offers an assortment of food and drink including Devon Cream Teas to enjoy.</p> <p>The Green Dragon is open from 12 until 2 every day for lunch, although the Land Lord is quite flexible and will stay open later. It reopens from 6pm for those enjoying an evening ride.</p>  |
|           | Church of England                | <p>The Church is dedicated to St Thomas of Canterbury, and is said to date back to Norman times. It can be dated back to the 1200's in its current position, but if you look closely you can see many other dates mentioned. Prime examples are The Table of Continuity which dates to 1258, the Pews which have 1537 chiselled onto the ends, and an inscription from the last renovation in 1885. The church is accessible to the public at all times.</p> <p>Next to the church stands the Village Cross which is thought to date back to the 1500's. Traditionally used for preaching it was restored in 1850 while a new shaft for the cross was made in 1900.</p> |
|           | Village Shop                     | The village shop stocks a selection of drinks and snacks  |
|           | Public Facilities                | Entranceway to the facilities can be found next to the village shop.  |
| 6.5 miles | Ashbury Church                   | St Marys Church of Ashbury was originally built in the 1300's, sadly the only original features left are the foundations as it was pulled down and rebuilt in 1871. Financed by the Wollacombe family it is now redundant, None the less it is kept in a good state or repair for Public Access should you wish to investigate a little more.   |
| 6.7 miles | Broomhill Cross                  | Simply a marker point for the ride. Continue up the incline on this road.   |